



St. Francis of Assisi Catholic Church Mobile Loaves & Fishes News

Volume 1, Issue 1

February 2016



Welcome to the MLF News

This document will be released on a monthly basis as a tool to keep St. Francis of Assisi MLF volunteers informed of the latest developments. News items, announcements, and photographs should be submitted to John Deosdade, the MLF Webmaster and Newsletter Editor, via email at: deosdade@gmail.com. Your cooperation and assistance in maintaining this new communication channel will be appreciated. □

MLF Core Team Vacancies

The St. Francis of Assisi MLF Core Team needs individuals to fill these vacancies:

- Core Team Director
- Volunteer Coordinator
- Commissary Assistant Coordinators
- Social Media Coordinator

For further information, click this [Job Descriptions](#) link or contact the Core Team at 210-249-1570 or via email mlfnw@sfasat.org.

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The Reason We Do What We Do



This simple photograph speaks volumes about the work of Mobile Loaves & Fishes. The smile on the face of a “satisfied customer” shows all we need to know. Here are some more of the whys:

- Requests for emergency food assistance have grown 18% in the past year. Of those seeking aid – 85% are families; 55% are elderly; 46% are employed; and 15% are homeless.
- The number of homeless families increased by 19% over the past year.
- Food pantries and emergency kitchens had to turn additional people away due to lack of resources, reduce the quantity of food provided during each visit and / or the amount of food offered per-meal at emergency kitchens, and reduce the number of times a person or family could visit each month.

The need remains great and the efforts of our MLF ministry is helping to bridge the gap between those who have and those who do not.

Source: [U.S. Conference of Mayors 2014 Status Report on Hunger & Homelessness](#) □

FAQs – Frequently Asked Questions

- How many meals has our MLF program delivered since the beginning?

From January 2007 to December 2015, the ministry has delivered **385,496** meals.

- Where do we actually deliver the meals?

The MLF ministry provides meals to 25 locations throughout San Antonio. For a listing, click this [Service Locations](#) link.

- How often are those deliveries made?

Although the answer varies by location, the [MLF Calendar](#) link shows the daily meal schedule.

- How much do the meals actually cost?

In 2015, the average cost per meal was **\$1.46**.

- What food items are included in each meal?

Based on service site location, there are two separate bagged meal contents lists. The lists can be found on the [MLF Procedures](#) page.

The answers to many other questions can be found on the St Francis of Assisi Mobile Loaves & Fishes website at: www.sfasat.org/MLF/index.htm. □

What Can I Do?

The MLF program has been steadily growing since its inception in 2007. As documented in the August 2013 **News4SanAntonio** report, “ [Mobile Loaves & Fishes - Feeding People in Need](#) , we need your prayers, efforts, and monetary support.

Your continuing prayers have kept this ministry going through some rough times and have encouraged parishioners to volunteer.

Clothing and toiletry donations are especially needed by our clients in working poor and refugee communities.

Donations of raw eggs help minimize the cost of purchasing this important source of protein.

Various teams keep the MLF ministry function on a day-to-day basis. The teams include:

- Clothing Team sorts and arranges donated clothing items and toiletries.

- Commissary Team checks, maintains, and orders food supplies from our commercial vendor.
- Egg Boiling Team boils raw eggs in the MLF kitchen to be added to the bagged meals.
- Meal Delivery Teams transport meals to various service locations.
- Meal Prep Teams prepare bagged meals for deliveries.
- SAFB Transport Team picks up MLF orders from the San Antonio Food Bank.
- Truck Team services and maintains the MLF truck.

For additional information, click these links:

[Donate Now!](#) OR [Volunteer Now!](#) □

Contact Us

St. Francis of Assisi Catholic Church

Mobile Loaves & Fishes

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San Antonio, TX 78249



MLF Now: mlfnow@sfasat.org

MLF website: www.sfasat.org/MLF/index.htm

This Gift



Jesse, a 9 year old refugee from Thailand, created this artwork to thank the St. Francis of Assisi Catholic Church MLF ministry. □