



CYO Fall Sports Are Now in Full Swing

As you have probably observed, the St. Francis of Assisi sports field are full on weekends! We have encountered several occasions where sports spectators as well as kids are positioned in the driveway leading back to the **MLF** kitchen. We have also experienced "high emotion" as parents cheer on teams and aren't too keen on clearing out of the way of the vehicles entering and exiting in **MLF** kitchen area.

This is a safety issue for all involved, and these are new measures have now been implemented:

- 1) When there are spectators and children present, we are asking weekend or evening **MLF** volunteers to park in the main church parking lot, (outside of the gate to the **MLF** kitchen driveway, near the snack bar or dumpster area).
- 2) There are so many young children who accompany their parents to the games that we are trying to cut down on the traffic in areas where they might slip away from close supervision.
- 3) We understand that not all volunteers are able to walk back to the kitchen area. Vehicles carrying supplies in or out should drive very slowly with drivers on high alert for children.

You might have noticed the orange cones in the parking area by the **MLF** kitchen. They were placed there to discourage parking on the end zone of the

soccer / flag football field. In addition, **CYO** is experimenting with cones and orange fencing around the concession stand area to create a safer place for athletes and parents.

If you are the driver of the **MLF** truck, please try to use the parking lot lane closest to the church buildings when departing or returning from your run to also steer clear of the concession area. We appreciate both your understanding and support.



SFA Men's Club Presents Check to MLF

Held on Saturday, July 6th, the **SFA Men's Club Casino Night** fundraiser was a tremendous success! The profits from this year's event were earmarked to be shared by **MLF**, **SFA** youth and young adult missionaries, and the parishes of Holy Family, Immaculate Conception, and St. Timothy's Catholic Churches.

On September 18th, Michael Scholl, SFA Men's Club President, presented the **MLF Core Team** with a check in the amount of \$ 5,500.00. The **MLF Core Team** expresses its sincere thanks and appreciation to the SFA Men's Club and all the volunteers who helped make this donation possible.



YMSL Team Gives Their All to Support MLF

Five students, representing Johnson, Reagan, Antonian and S.A. Christian High Schools, along with their moms, got the job done on our September 7th **YMSL** work day--providing a 30 total volunteer hours.

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The moms sorted a large amount of donated clothing while the guys split up to work on several tasks. In about three hours the guys cleaned the serving areas of the truck, assembled condiment packs, baked cookies and chips and restocked bread to assist the lunch prep team, cleaned off the bin lids and the large sorting bins and even swept the floor in the clothing area. We really enjoyed working alongside this super team and look forward to hosting others from **YMSL** in the future.

Kathy and Gerry Caron □

What Do “Use By” or “Sell By” Dates Mean?

Many of the packaged food products **MLF** receives from the **San Antonio Food Bank** are marked with dates that are soon to occur or have already occurred. Is the food safe to consume after that date, or not? Actually the dates are not required by federal regulation (except for baby formula), and the dates are not an indication of whether the food is safe to eat. Food vendors voluntarily put the dates on the food to help consumers and retailers decide when food is of best quality. Although the quality of the food product may deteriorate after the date passes, the food should still be safe to eat if handled properly. In addition, the **SAFB** will often take food that is normally shelf stable and store it in a cooler to extend the quality further.

If we cannot rely on the dates as an indication of food safety, what should we do? Of course, if the individual package is opened, we should discard it. Moldy food should be discarded. Spoiled foods will develop an off odor, flavor or texture. Spoiled products that contain vegetable oil will have a rancid smell. If a food has developed such spoilage signs, it should be discarded. Prudent judgment is needed for items whose dates have long since passed.


Food can spoil much faster if it is not stored or handled properly. Foods that require refrigeration should be stored at a temperature lower than 40° F. Opened jars of peanut butter or jelly should be kept in the refrigerator. Excess sandwiches should be placed in the walk-in cooler with a “date and time made” label. Bagged meals (to be delivered the next day) should also be stored in the walk-in cooler. Frozen bread will maintain high quality for a long time.

Given our ministry’s name, we should follow Jesus’ teachings in the Multiplication of the Loaves passage: *When they had had their fill, he said to his disciples, “Gather the fragments left over, so that nothing will be wasted.”* ([John 6:12](#))

Glenn Darilek □

How to Find the Latest MLF Information

Both **MLF News** and the **MLF Facebook** page are key sources for keeping current on our **MLF** ministry. Articles, news items, announcements, photographs, etc. for the **newsletter** can be sent directly to John Deosdade via email @ deosdade@gmail.com. Remember that joining the **MLF Facebook** group is

easy and simply requires you to sign-up for a free **Facebook** account. Once you join our page, you can begin posting items and photos to it. Click this  link to begin accessing the **MLF** group. □

HELP WANTED Openings – October 1, 2019

Our **MLF** ministry needs help for these crucial roles:

- 1) **Core Team** members for the **Core Team Director**, **Site Coordinator**, and **Day Volunteer Coordinator** positions (see [Job Descriptions](#)); and
- 2) **Meal prep and delivery volunteers** are needed for various meal shifts. For the complete listing, click this [Immediate Team Openings](#) link.

If you can assist with any of these jobs, please contact **Julie Mellin** @ volunteermf@gmail.com.

Contact Us

St. Francis of Assisi Catholic Church
Mobile Loaves & Fishes
4201 De Zavala Road
San Antonio, TX 78249



Email: mlfnw@sfasat.org



MLF website: www.sfasat.org/MLF/index.htm

MLF News files: www.sfasat.org/MLF/mlfnews.htm

Upcoming Events

- October 6 - SFA Parish Festival
October 26 - 27 - Second Collection for MLF

A Quick Reminder...

- **Captains**, notify mlfnw@sfasat.org **before canceling a meal run**.
- Call the Commissary person (listed on the bulletin board) on duty when you encounter food supply shortages.
- Clean all food containers for recycling. Shake crumbs out of bread bags / cookie trays. Place loose bags into one bag. Rinse peanut butter and jelly containers. If not, put them into trash.
- Fill-out the [MLF Truck Run Log](#) after deliveries **and** use the bottom section to report any unusual events / problems that occur.
- Report truck maintenance issues to David Aguilar @ tgeagle2@att.net .



Our **MLF** ministry mourns the recent passing of Richard “Rick” David Griffin. He and his wife Lorraine were long time volunteers and supporters of our **MLF** program. On September 13, 2019, Rick was called to his eternal reward. Rick enjoyed a long life and was a blessing to his family and friends. Please join us in prayers of comfort and support for his wife Lorraine and the entire Griffin family.