



# St. Francis of Assisi Catholic Church

## Mobile Loaves and Fishes News

Volume 9, Issue 3



### ROSARIES AS WELL AS GROCERIES

Some of the people we serve have been asking for rosaries. The Rosary Guild at Prince of Peace Catholic Church was asked for a donation of rosaries for them. They quickly donated 50 hand-made rosaries to Mobile Loaves and Fishes! Thank you Prince of Peace Rosary Guild for this generous donation!



These beautiful items are available for your truck run deliveries. Please offer them to our interested brothers and sisters.

### ST. FRANCIS OF ASSISI AMERICAN HERITAGE GIRLS

American Heritage Girls is a Christ-centered character and leadership development program for girls 5 to 18 years of age. American Heritage Girls is



dedicated to the mission of building women of integrity through service to God, family, community, and country.

This group of multi-grade young ladies volunteered during Spring Break. They used their free time to help us bag cookies, chips and make condiment packs. We had a wonderful afternoon and only a few "broken" cookies were consumed!

- Julie Mellin

### ARE YOU HANDY OR AT LEAST WILLING?

The MLF Core team is looking for a volunteer to fill the Facilities Coordinator position. Our previous coordinator, Glenn Darilek must step down from covering this duty. We thank Glenn for his faithful service, dedication to cleanliness and vigilant monitor of food safety. He has been a great asset to our ministry.

This person helps to make sure the equipment in the kitchen is operating properly. When an issue arises, they coordinate the repair. They also monitor on a regular basis, the temperatures of the refrigerators and running condition of the ice maker.

If you are interested in helping MLF in this way, please contact Julie Mellin at [volunteermf@gmail.com](mailto:volunteermf@gmail.com)

### BIONIC EGGS?

Some of our refrigerators and freezers have a strange contraption with a medicine bottle attached to a digital thermometer. What is that for?

Health regulations require us to record the refrigerator temperatures to keep them at temperatures safe for food. We found that recording the temperature of the refrigerators was inconsistent using regular thermometers because they essentially measure the air temperature. So if the refrigerator door had been



opened a lot, the thermometer measured the air temperature, not the egg temperature. Also the frosted thermometers were difficult to read. So we devised the “bionic egg” using a liquid-filled container with a temperature probe connected to a digital thermometer. The container approximated the thermal properties of an egg. Problem solved!

So if you are recording the refrigerator temperatures, use the bionic egg reading to be more accurate and representative of the egg temperatures.

## FOOD SAFETY TIPS

These are Food Safety Tips taken from San Antonio health inspection reports.

- \* Volunteers must not contact ready-to-eat foods with bare hands.
- \* Food in refrigerator not at required temperature (41 F or below) must be discarded
- \* Need labels on ready-to eat foods with use/discard by date.
- \* Vent hoods and fans cleaned periodically
- \* Utensils and food contact surfaces shall be sanitized after cleaning
- \* Only unscented Clorox is approved
- \* Volunteers must wear hair restraint (i.e. cap)
- \* **To properly rotate stock, do not store older boiled eggs behind newer ones.**

## THINGS TO DO WHEN YOU ARE THROUGH

You help other teams by doing any or all of the following:

- \* Move bread to the freezer in the kitchen
- \* Bag cookies, chips, condiments, etc.
- \* Restock peanut butter, jelly, and Ziploc bags into cabinet
- \* Move oldest boiled eggs from secondary to primary refrigerator
- \* Check and record refrigerator and freezer temperatures
- \* Wash, dry, and fold towels and wash rags
- \* Sort clothes

## HELP WANTED

Our **MLF** ministry needs help for these crucial roles:

### **MLF Facebook Administrator**

### **Day Volunteer Coordinator**

### **Facilities Maintenance Coordinator** (see above)

If you can assist with any of these jobs, please contact **Julie Mellin** at [volunteermf@gmail.com](mailto:volunteermf@gmail.com)

### **Quick Reminders...**

- \* Team Captains should notify [mlfnw@sfasat.org](mailto:mlfnw@sfasat.org) before canceling a meal run.
- \* Call the Commissary person (listed on the bulletin board) on duty when you encounter food supply shortages.
- \* Fill out the MLF Truck Run Log after deliveries and use the bottom section to report any unusual events / problems that occur. **This applies whether you use the truck for delivery or not.**
- \* Please report any kitchen maintenance issues as soon as possible to Glenn Darilek (for now), Facility Coordinator, at [qtdarilek@gmail.com](mailto:qtdarilek@gmail.com) or text 210-400-4073. It is particularly important to promptly report if the ice machine is not producing, or if a refrigerator is not cooling.

### **MLF News Content Always Wanted**

Send any relevant news to Glenn Darilek, Editor, [qtdarilek@gmail.com](mailto:qtdarilek@gmail.com)

Thank you, Julie Mellin, for your contributions to this issue.

### **Contact Us**

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### **Web Site:**

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